St Patrick's Catholic Primary school

Perseverance, Aspiration, Teamwork, Respect, Independence, Creativity, Kindness

"Children achieving and excelling in a subject they love"

PE Rationale – Our Vision

At St Patrick's, we value **the importance of supporting physical, mental and emotional well-being** for our pupils. We strive for all children to have access to a strong and diverse PE and sports curriculum to create and develop a well-rounded individual.

Our curriculum

Coverage is across the year groups supporting pupils in building on their prior knowledge. We enable children with the tactics and skills needed to develop and succeed in Sport. We provide Year F with specially tailored planning to suit their needs and abilities which will encourage their love of sport.

We have strong cross-curricular links with PE across the school and there is lots to see going on in the classroom such as:

- Singing – action songs
- Wiggle breaks / brain breaks in class
- Maths – active maths, ping pong maths, ninja maths
- Wake up shake up
- Just Dance
- Cosmic Yoga / mindfulness
- Fred Games (Phonics)
- Active Phonics with Saints Foundation

How PE contributes to our school

All of our teachers have access to PE CPD including inviting staff to training events and support from a qualified Saints Coach.

Our wide selection of clubs provide all demographics with access to a range of sports and activities. Funding allows us to provide FSM children with access to early morning sports including trying out badminton, table tennis and rounders. This is run by highly qualified coaches from Foundation sports. We also provide funding for Girl's clubs enabling them to try out a new activity in a safe space and to open up more choices for them in sport.

We are passionate about supporting our children's emotional and mental well-being. We run a club for yoga and mindfulness. We support this further by having dedicated ball-time in our enclosed pen during breaktimes and lunch giving our children more space and choice which will improve our children's well-being.

We partner with Hampshire School games which provide us with opportunities to attend a wide range of sports events including football, athletics, ball skills, cross country. We also have Junior football teams Boys and Girls who participate in friendlies and leagues. All of this also allows the children to

travel and meet new people building their confidence and self-esteem. We have very strong links with Saints foundation which run active and exciting interventions for our children. They also support Pupil Premium children with high quality clubs and chances to attend matches at St Mary's stadium.

We are very proud to hold a **Gold award** for the School games mark.

Our rewards and behaviour

We celebrate both pupils' and staff sports successes in Praise assembly and as can be seen on our Sports board, school website and Twitter feed.

At Sports tournaments, we like to highlight pupils' participation and achievement by inviting them to vote for a 'Player of the Tournament'. Feedback from pupils is very positive and they enjoy the process.

We encourage our St Patrick's families to support their child with raising money for our school sports fund including running poster competitions for International Women's and Men's days and arranging an Olympic athlete day full of fun sports activities for the children to take part in.

Assessment in PE

At St Patrick's, we work hard to make sure that all groups of pupils make good progress in all aspects of learning.

Baseline testing

At the beginning of each academic year all pupils in KS1 and KS2 will complete baseline tests in PE in order to assess each child's fitness levels.

Pupils will complete 5 tests:

1. Balance (stand on one leg for 30 seconds)
2. Agility- zig zag run (in and out of the cones)
3. Co-ordination- solo catch (medium ball)
4. Speed bounce (20 bounces)
5. Stamina/endurance run (3 times around the pen / playground)

These tests were chosen as they cover many components of fitness needed for PE/sport and good overall understanding of a pupil's fitness and ability.

End of unit Assessment

We assess children on their demonstration of the skills taught at the end of each teaching unit.

Using the results

The baseline tests are very useful in identifying SEND / Less able children and we use the results to help us in creating individual PE targets for these pupils for their Pupil Passports.

The end of unit assessments will help to inform both our short term and long term planning. It allows us to focus on boys and girls to see if children are matching their peers. Also, individual targets can be set for SEND / working below children during lessons. These identified pupils will also be supported in PE lessons and invited to School Games festivals to further support their growth in sports skills. Those pupils that are working above in all areas are invited to attend School Games tournaments. Challenge activities are also planned into our lessons for more able / talented pupils.