

St. Patrick's Catholic Primary School

Policy for Physical Education

Principles

At St Patrick's we believe Physical Education develops the children so that they can perform with increasing competence and confidence in a range of physical activities. PE promotes an understanding in children of their bodies in action. PE provides opportunities for pupils to be creative, competitive and to face up to different challenges as individuals, partners and in teams. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Through this process pupils discover their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity.

Aims

- To fulfil the statutory requirements of the National Curriculum and the Early Years Foundation Stage, covering gymnastics, dance and games for all children and swimming and outdoor/adventurous activities during certain points in upper juniors.
- To teach and develop a range of physical skills and attributes, including speed, agility, stamina, co-ordination, suppleness and strength.
- To teach and develop a range of social skills, including leadership, co-operation and communication.
- To develop self-confidence through understanding the capabilities and limitations of themselves and others.
- To enable all children to achieve a sense of enjoyment in sport, and to encourage the pursuit of physical fitness and health.
- To develop an awareness and understanding of fair play, honest competition and good sportsmanship.

Working Procedures

Inline with national expectations, children throughout the school participate in two hours of P.E. per week. The time is divided between games (throughout the year) and dance and gymnastics (alternating each half term). All children participate in athletics activities as part of a rotation of games activities during the summer term. Activities take place both inside (school hall) and outside (Multi-use area and playground).

All PE teacher is delivered by qualified teachers. In Year 5 all children take part in an intensive swimming programme at Bitterne Leisure Centre. This covers all abilities from beginners to able swimmers. In Year 6 all children have the opportunity to spend a residential week at the Y.M.C.A. National Centre at Fairthorne Manor, where they participate in a range of outdoor and adventurous activities.

The school also has access to a range of specialist coaches throughout the year. These are provided by the Solent Sport partnership. After school clubs are also available.

Assessment, Recording and Reporting

Teachers assess children's work in PE by making judgements as they observe them work during lessons. At the end of a unit of work, teachers make a judgement as to whether the child has met the age related expectations of individual units. Where appropriate photographic evidence of activities is collected, for example intra and inter school competitions and dance activities.

Monitoring

The monitoring of the standards of children's work and of the quality of teaching in PE is the responsibility of the PE coordinator, who is overseen by the Head Teacher. The work of the coordinator also involves supporting

colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school.

Resources

Resources are reviewed regularly and renewed or updated appropriately. Children are expected to help set up and put away larger equipment as part of the lesson. By doing so, the children learn to handle equipment safely.

Health and Safety

All staff follow the guidelines set out in the school Health and Safety Policy, and the P.E. Safety Codes. We encourage children to consider their own safety and the safety of others at all times. They must change for PE into their school PE kit (see school prospectus). Teachers set a good example by wearing appropriate clothing when teaching PE. Earrings need to be removed for all physical activities. If they cannot be removed they must be covered by tape (supplied by the child's parents).

Date Agreed: October 2015

Review Date: October 2017